

# The Top 10 reasons for getting the flu shot:

10. you have a chronic medical condition
9. you have a weakened immune system
8. you're a senior citizen
7. you're 6 - 23 months of age
6. you're a health care provider
5. you provide essential community services
4. you can't afford the time off work
3. you're travelling to another country
2. you live with someone who has a chronic medical condition

AND THE #1 REASON YOU SHOULD GET THE FLU SHOT IS...

1. you care about your own health and the health of those around you!

---

Get the flu shot. Not the flu.

